



## BAM Event Packing Guide

All items must fit **INSIDE** your bags for time of transportation. This includes bedding items. Extra space should be left for team apparel and incentives received at orientation as well as other purchases during the trip. There will be an opportunity to shop for small items during orientation. You will also have time during travel to make trips to a store. Mail drops provide opportunities to ship/receive packages during the trip. If you are unsure about bringing an item, wait and decide if you need it during the trip.

Team members who arrive to orientation with oversized or overfilled bags will be required to ship items home or discard of them. Following this list will ensure you are properly prepared.

### Bag Guidelines

- 1 Duffle Bag (Strict max of 90 liters, approximately 24" x 14" x 16")
- 1 Backpack (Strict max of 35 liters, approximately 20" x 14" x 8")

### Team Apparel

At orientation, team members are provided 2 work shirts, and 2 team t-shirts.

Team members will spend majority of time each day in team uniforms. Note: team members are not permitted to wear Ability Experience or Pi Kappa Phi apparel where alcohol is being consumed.

Laundry services are available periodically throughout the trip. Do not expect to have the available daily. If a camp isn't able to provide laundry services time will be set aside to visit a laundry mat.

### Clothing and Shoes

- Plain khaki shorts (2 pairs, required for team uniform)
- Belt (Required for team uniform)
- Jeans or work pants (3 pairs, required for team work uniform)
- Sweatshirt or fleece jacket
- Bathing suit
- Collared shirt/polo
- Casual t-shirts (2)
- Socks and underwear (3-5 pairs)
- Closed toe athletic shoes
- Sandals or flip-flops
- Work boots (steel toe preferred)

### Bedding

- Sleeping pad or air mattress (Twin size ONLY)
- Compact sleeping bag or blanket
- Compact/camping pillow

### **Construction Related (Mandatory)**

Eye protection/safety glasses (Recommended: [Home Depot](#) & [Amazon](#))

Ear protection/ear plugs (Recommended: [Home Depot](#) & [Amazon](#) )

Durable work gloves

### **Weather Protection**

Rainwear

Stowaway windbreaker

Insulation layer(s) for cool air

### **Other**

Microfiber/travel towel

Razor

Lip balm

Gold Bond

Sunscreen

Toiletries/Personal hygiene products

Personal medications and prescriptions

Glasses/contacts

Wallet (ID, insurance cards, credit/debit cards, small amount of cash)

Mobile phone with data and cell service

External battery and chargers

Head lamp

Pen/pencil(s)

### **Provided Equipment (Don't bring)**

Power tools

Carpenter pencils

Hand tools

### **Prohibited Items**

Oversized duffle bags or backpacks

Double decker or oversized air mattresses

Normal-sized pillows

Inappropriate clothing (logos, graphics, etc.)

Formal attire or dress shoes

Large instruments

Expensive technology (Laptops should only be brought if necessary for blogging, videography, online classes, etc.)\*

\*Crew members may be asked to bring their laptop or DSLR camera depending on position.

### **Notice**

Team members are responsible for care and maintenance of all personal items. The Ability Experience is not responsible for any lost, stolen or damaged items that team members bring with them. The Ability Experience reserves the right to have team members send prohibited or oversized items home at their own expense.

Attire is business casual for arrival celebrations at the end of events. Team members should have family/friends bring dress clothes to arrival or ship them to last mail drop.

